



Volunteer Befriender

Could you give one hour a week to visit someone in their home or at an extra care scheme? Play cards or a board game, read the newspaper or a book or just sit and have a chat and a cup of tea? If so, the Volunteer Programme needs you.

The befriender role is an important one offering additional emotional support and working alongside staff to prevent social isolation and promote wellbeing. Befriending provides our vulnerable residents with long-term benefits improving their physical and mental health. We are currently recruiting befrienders across multiple London Boroughs.

What the role will involve:

- Visiting a resident for 1-2 hours every week
- Engaging in some good conversation
- Offering companionship

What we are looking for:

- Someone who is friendly and engaging
- Confident interpersonal skills
- Someone who is reliable and committed
- A patient and empathetic approach
- Good communication skills

What we offer:

- Reimbursed travel costs (we will also pay lunch expenses of up to £5 if you are volunteering for more than four hours)
- We provide a volunteer handbook and ongoing support from a staff member
- We can provide references after your commitment with us

Locations in need of support:

- Mildmay Park, 73 Mildmay St, Mildmay Ward, London N1 4AQ
- Conrad Court, Cary Ave, London SE16 7EJ
- Elgin Close, 1-3 Elgin Close, Shepherds Bush, W12 9NH

To find out more about the role or to apply, please email volunteering@nhhg.org.uk. We look forward to hearing from you! Applications are reviewed on a rolling basis.

Please note you will need to undertake a DBS check.